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**CONSULTING AND TRAINING
FOR PUBLIC & NON-PROFIT
ORGANIZATIONS**

Team Challenges Workshops

DEALING WITH GOSSIP IN THE WORKPLACE

We all have mixed feelings about gossip, but we can't hide from the reality of it. It's sometimes enjoyable and beneficial for people to talk about others and on the other side, it can be very awkward and destructive when the conversation is against others. This fun, fast-moving and highly interactive workshop examines the history and provides explanations for why we engage in gossip. You will learn how to encourage the positive aspects and control the negative impacts of gossip. You will also learn how to develop strategies for dealing with gossip in your personal life as well as in the workplace.

"There is only one thing worse than being gossiped about, and that is not being gossiped about."—Oscar Wilde

Time format: ½ to 1 day